

2023 Florida Asthma Coalition Summit
"We Hear You! Share Decision Making
in Asthma Care"
Ft. Myers, FL
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Florida Asthma Program Overview and Burden of Asthma

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#### **Presentation Overview**

- Florida Asthma Program
- EXHALEStrategies
- Asthma Profile
- Asthma Burden
- Florida Asthma
   Coalition





### Florida Asthma Program

- The Florida Asthma Program (FAP) coordinates statewide efforts to reduce poor health outcomes due to asthma, and hospitalization rates, as well as increase the number of people with asthma receiving self-management education.
- The FAP is funded through the Centers for Disease and Control Prevention (CDC). In 2019, the program was awarded the "Comprehensive Public Health Approach to Asthma Control Through Evidence-Based Interventions" grant. This funding cycle is for five years, 2019-2024.



#### Florida Asthma Program Funded Counties

The Florida Asthma
Program funds and has
regional asthma
coordinators in the
following counties:

- Miami-Dade
- Orange
- Seminole
- Gadsden





#### Florida Asthma Program Partners

### Florida Asthma Program Partners:

- Nicklaus Children's Hospital Miami
- Neumors Children's Health Orlando
- Simply Health Inc.
- Sunshine Health Inc.
- Children's Medical Services Title V













#### **EXHALE Guidelines**

The FAP follows the CDC's EXHALE technical guidelines, which are evidence-based strategies to improve asthma control.

- E Education on asthma self-management
- X X-tinguishing smoking and secondhand smoke
- H Home visits for trigger reduction and asthma self-management education
- A Achievement of guidelines-based medical management
- L Linkages and coordination of care across settings
- E Environmental policies or best practices to reduce asthma triggers from indoor, outdoor, and occupational sources



#### Florida Asthma Profile

- State and county level asthma indicators:
  - Health Status and Quality of Life
  - Symptoms Risk Behaviors and Trigger Exposure
  - Asthma Care and Self-Management Education
  - Costs and Barriers
- Starting date for measures: 2016
- Aggregate and stratified estimates provided
- Updates yearly; most recent update as of March 2023

#### **Asthma Profile**





#### Florida Asthma Burden

The burden of asthma disproportionately impacts vulnerable, marginalized populations in Florida, such as children, women, low-income and inner-city residents, and communities of color.







#### Florida Asthma Burden

#### Multiple sources of data are used to provide a comprehensive picture of the burden of asthma in Florida

#### Population-based Surveys

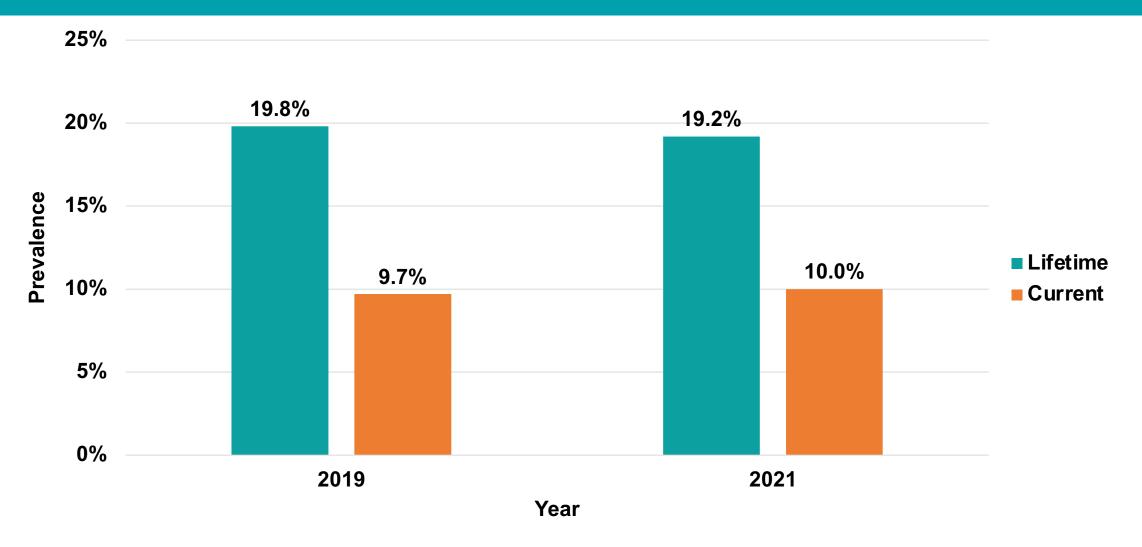
- Behavioral Risk Factor Surveillance System (BRFSS)
- Florida Youth Tobacco Survey (FYTS)
- Asthma Call Back Survey (ACBS)

#### Mandatory Reported Health Information

- Emergency Department (ED) and Hospital Discharge Data
  - Transition from ICD-9 to ICD-10, effective October 1, 2015
  - Asthma code now J45 (previously 493)
  - Chronic obstructive asthma removed from J45
- Vital Statistics Mortality Data

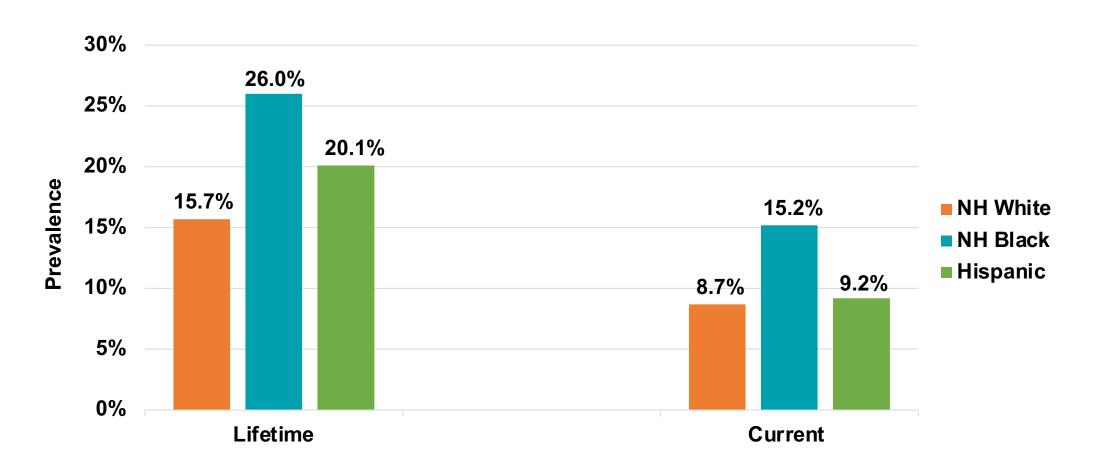


# Florida Youth Lifetime and Current Asthma Prevalence, 2019 and 2021





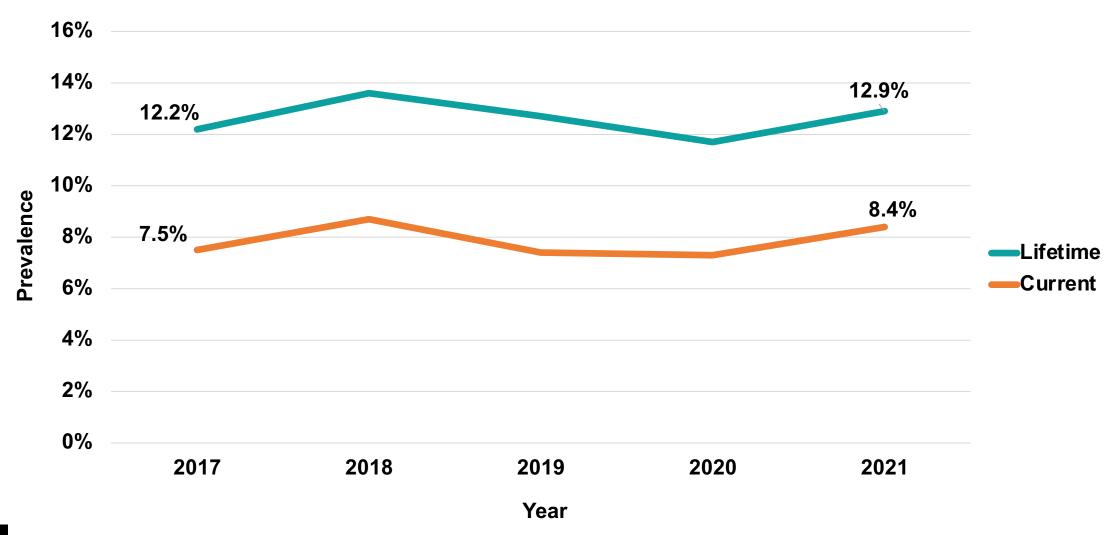
# Florida Youth Lifetime and Current Asthma Prevalence by Gender, 2021



NH = Non-Hispanic

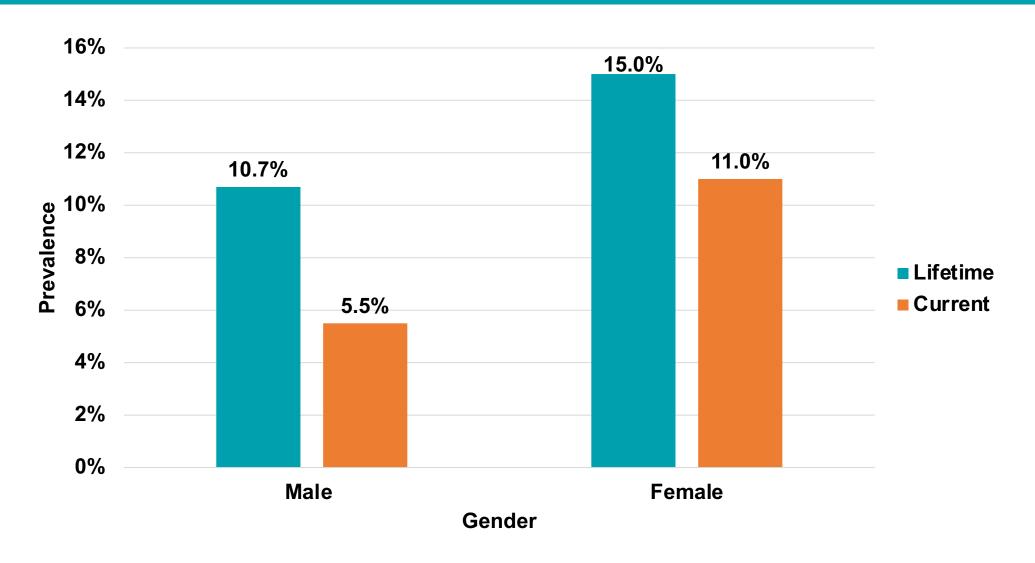


### Florida Adult Lifetime and Current Asthma Prevalence, 2017-2021



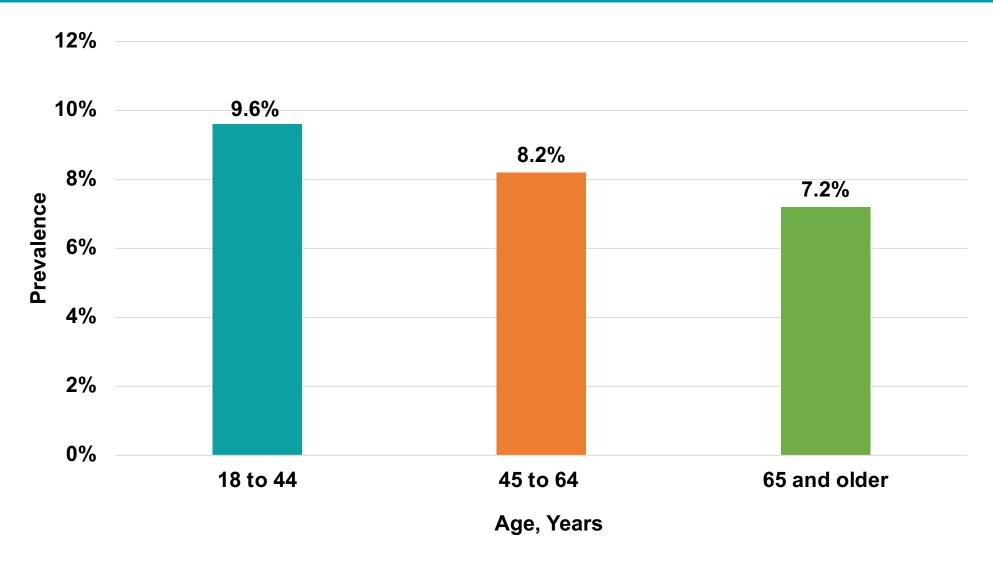


## Florida Adult Lifetime and Current Asthma Prevalence by Gender, 2021



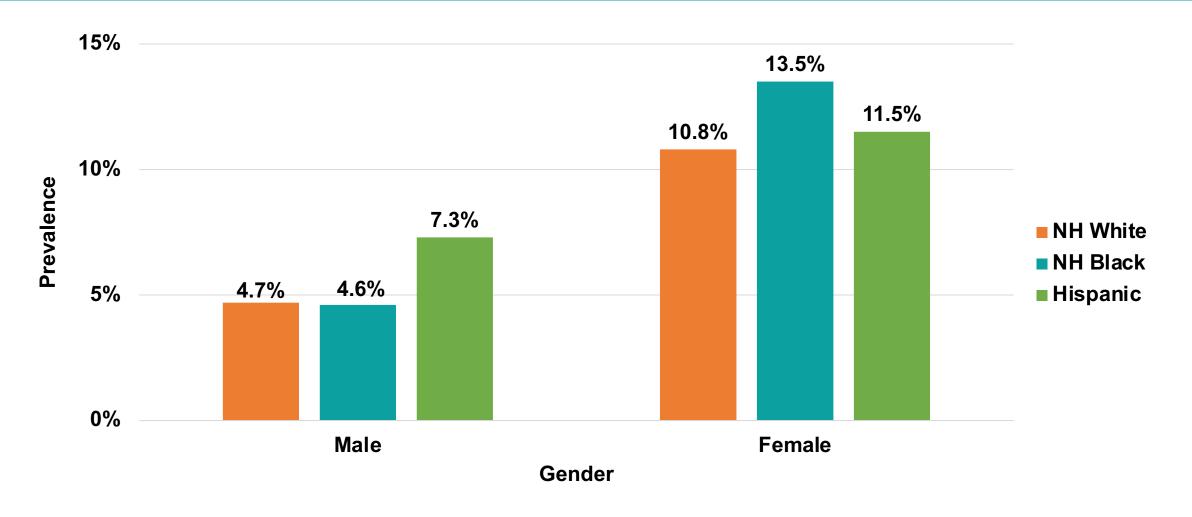


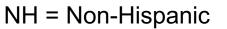
## Florida Adult Current Asthma Prevalence by Age Group, 2021





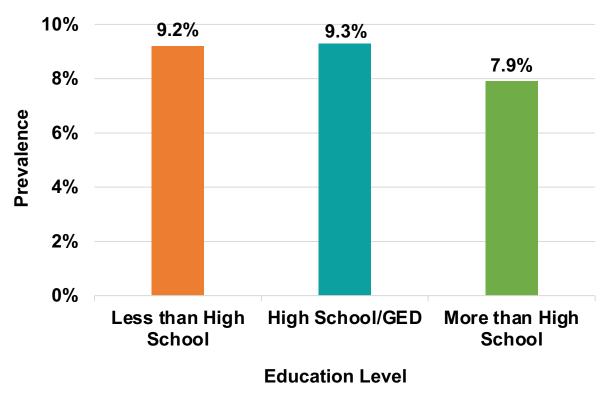
# Florida Adult Current Asthma Prevalence by Gender and Race/Ethnicity, 2021

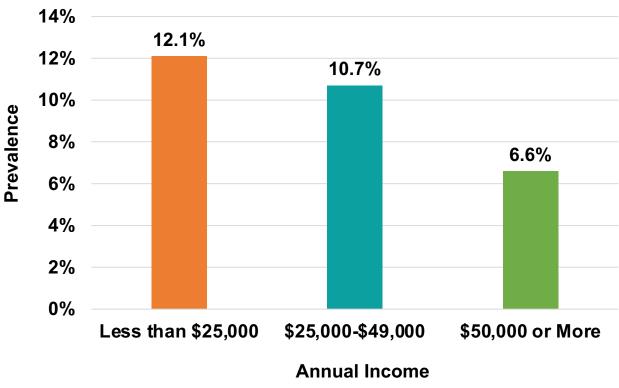






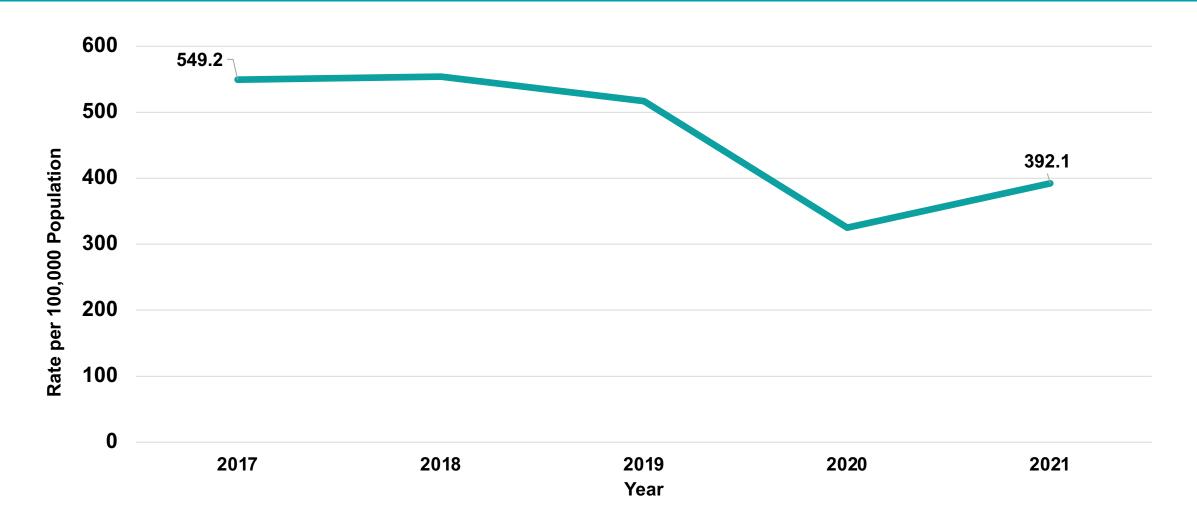
## Florida Adult Current Asthma Prevalence by Education and Annual Income, 2021





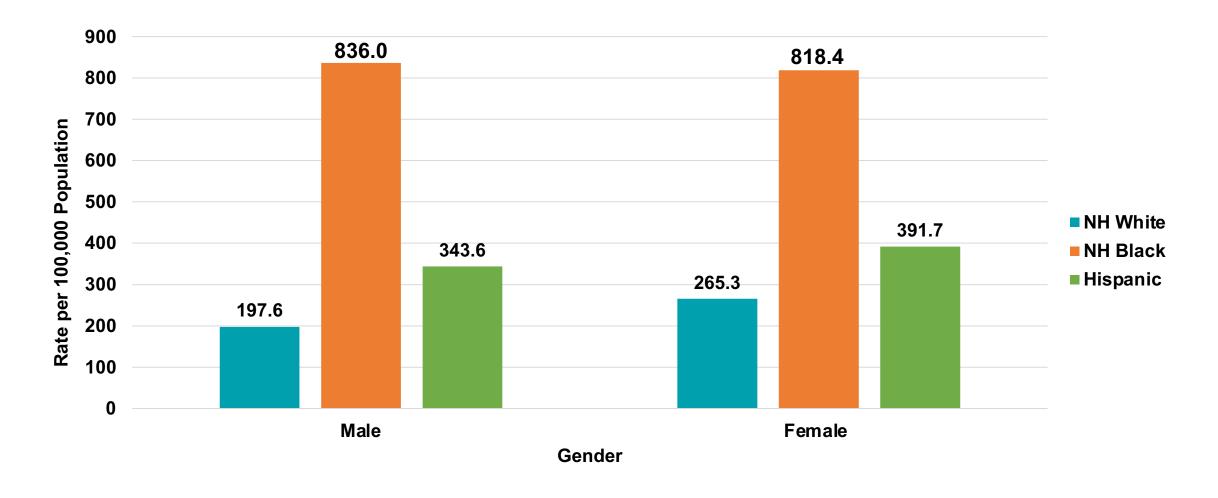


## Asthma Age-Adjusted ED Visit Rate per 100,000 Population, 2017-2021



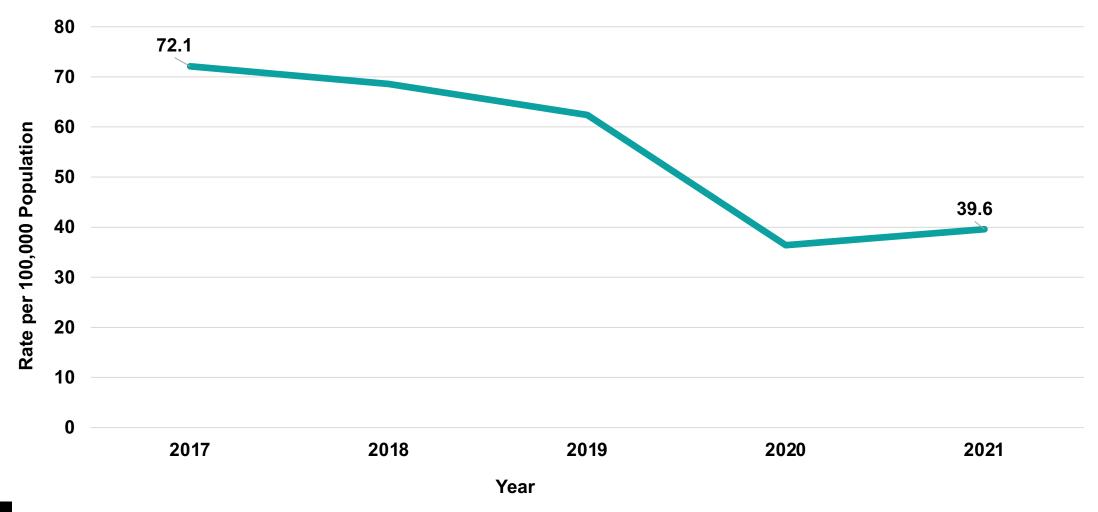


## Asthma Age-Adjusted ED Visit Rates per 100,000 Population by Gender and Race/Ethnicity, 2021





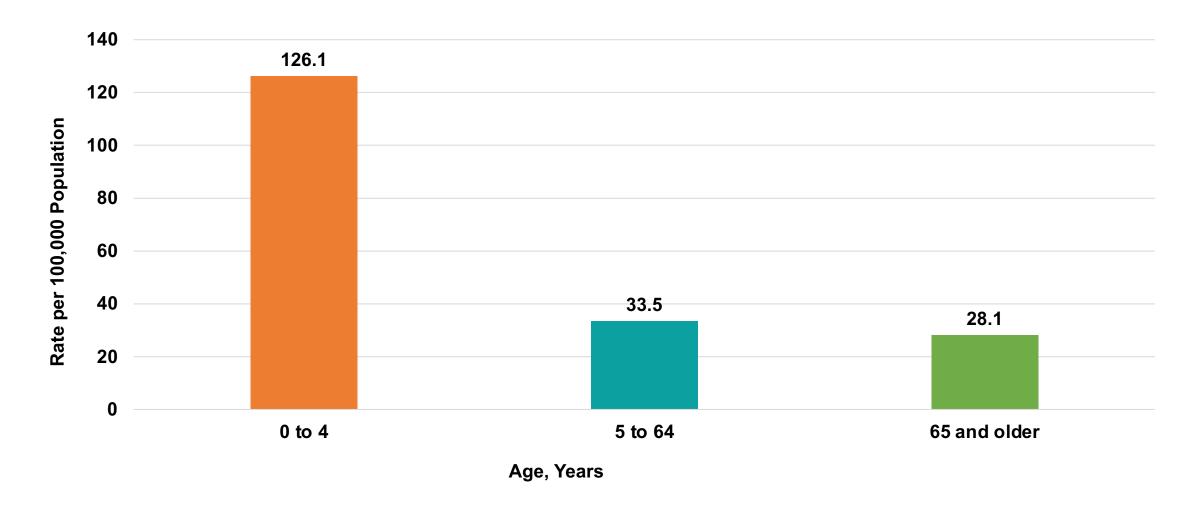
## Asthma Age-Adjusted Hospitalization Rate per 100,000 Population, 2017-2021





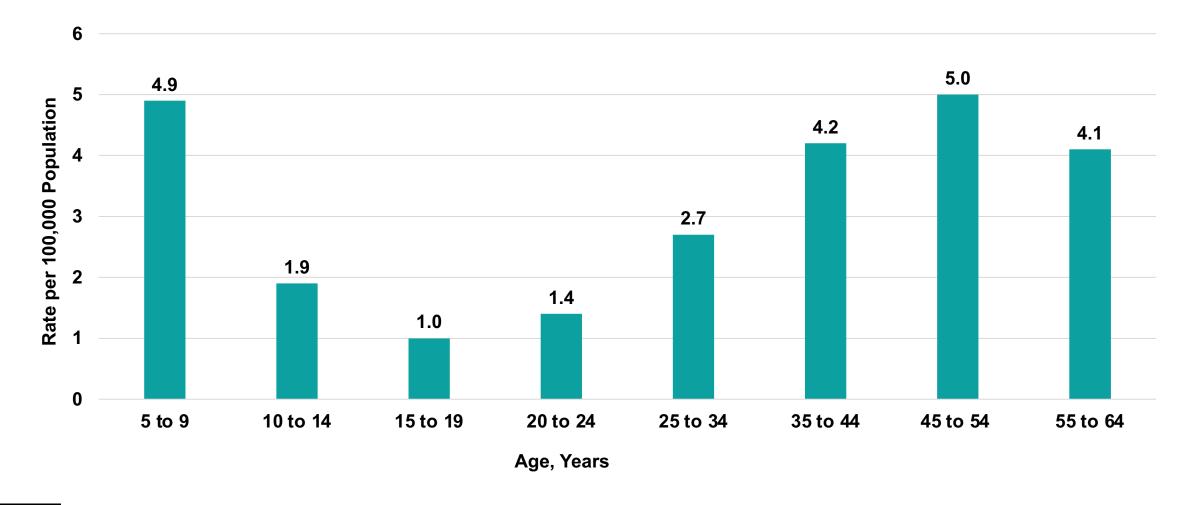
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## Asthma Age-Adjusted Hospitalization Rate per 100,000 Population by Age Group, 2021



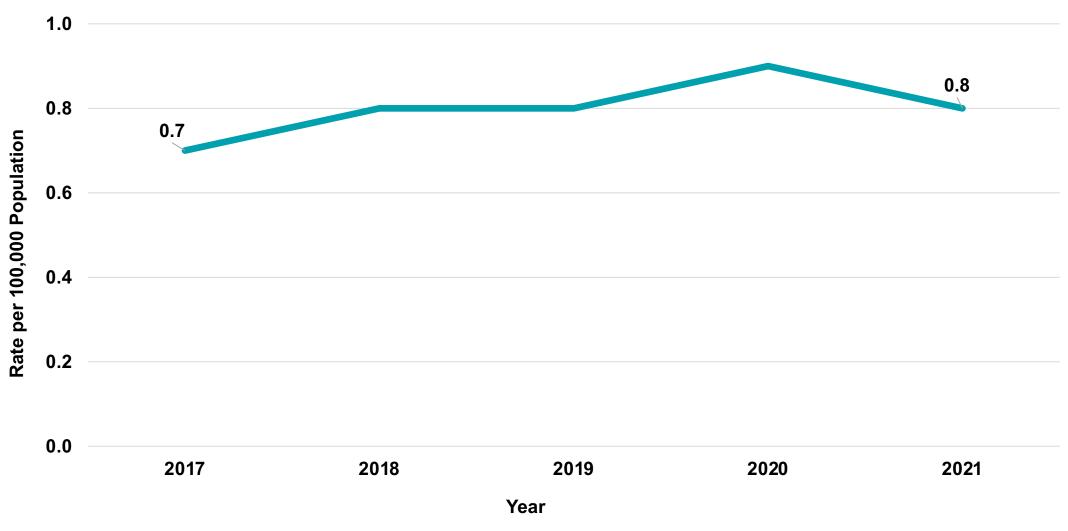


## Age-Specific Hospitalization Rates per 100,000 Population, 5-64 Year Age Group, 2021





## Asthma Age-Adjusted Death Rate per 100,000 Population, 2017-2021





#### Proportion of Asthma Deaths by Age Group, 2021

Age Group	Count	%
0 - 17	9	4.4
18 – 34	21	10.3
35 – 49	39	19.1
50 – 64	53	26.0
65 – 79	48	23.5
80+	34	16.7
Total	204	100.0

Average of 17 asthma deaths per month!



### Join Us! FLORIDA ASTHMA COALITION

- Membership is FREE and is open to anyone interested in asthma prevention, education, and disease management.
- Members are welcome to network with professionals from various sectors across the state educators, physicians, pharmacists, nurses, respiratory therapists, asthma educators, and more.
- Asthma-Friendly Recognition Programs:
  - Schools
  - Childcare Centers
  - Primary Care Providers
  - Hospitals
  - Pharmacies (Coming Soon!)
- Members are welcome to join any of the Asthma-Friendly Workgroups and will be invited to meetings, webinars, trainings, etc.

Become a member by completing the membership form today at:



### Questions?





#### **Contact Information**



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https://www.floridahealth.gov/diseases-and-conditions/asthma/index.html

